

REBOUND® ACHILLES WEDGE KIT

Optimizing treatment of
Achilles ruptures

The Rebound Achilles Wedge Kit, used in combination with the Rebound® Air Walker, provides an optimal solution for both functional (non-surgical) and post-surgical treatment of Achilles ruptures. The Rebound Air Walker provides immobilization, protection and comfort, while the Rebound Achilles Wedge Kit provides adjustable angles of plantar flexion that can be easily modified through the rehabilitation process. Its lightweight construction and anatomical design improve patient comfort while the patented universal arch support helps maintain heel position within the walker.



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Optimizing treatment of Achilles ruptures

The Achilles tendon is highly vulnerable to injury because of its limited blood supply and the combination of forces to which it is subjected. Current protocols suggest that immobilization and gradual reduction of plantar flexion are recommended in the treatment of Achilles ruptures.

INDICATION:

- Full or partial Achilles tendon ruptures. Supports functional rehabilitation:
 - During non-surgical treatment
 - After surgical treatment
- May also be beneficial for patients with Achilles tendon problems that require immobilization in plantar flexion of the foot.



PROTOCOL FOR TREATMENT OF ACHILLES TENDON RUPTURES

Suggested protocol* for both **non-surgical** and **post-surgical** rehabilitation for patients who have developed an acute Achilles rupture in the mid-substance of the tendon:

Week 0	Week 2	Week 4	Week 6	Week 7	Week 8
Non weight bearing circular lower leg cast with the foot at an angle of approximately 30 degrees	Rebound Air Walker with 3 heel wedges	Rebound Air Walker with 2 heel wedges	Rebound Air Walker with 1 heel wedge	Rebound Air Walker	Shoe with heel lift and physical therapy treatment
					

Walker should be worn both day and night.

*Acute Achilles Tendon Rupture, Evaluation of treatment and complications, Katarina Nilsson, Helander, 2009

ORDERING INFORMATION

REBOUND® AIR WALKER				REBOUND® ACHILLES WEDGE KIT		
Size	Men Shoe Size	Women Shoe Size	Standard	Size	Specifications	Part Number
XSmall	2-4	3.5-5.5	B-242900001	Small	Fits XS/SM Walker	AWK0001
Small	2-7	5.5-8.5	B-242900002			
Medium	7-10.5	8.5-12	B-242900003	Medium	Fits MD Walker	AWK0005
Large	10.5-12.5	12-14	B-242900004	Large	Fits LG/XL Walker	AWK0009
XLarge	12.5-15	14-16.5	B-242900005			

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